

WEEKLY HIGH SCHOOL LESSON

#KEEPLearning



Week Ten: Making Dreams Into Reality

Overview: This lesson will help students identify dreams and goals for their future and help them create an actionable plan for attaining those aspirations.

Preparation: Review the activity and session materials. Make sure your students have all the needed materials to complete the lesson.

Recommended Time: 45 mins

Materials:

Computer/Tablet with Internet

Paper

Writing Utensil

Printer (optional)

Poster Board, cardboard, other large piece of paper to build on

Old Magazines, newspapers, etc.

Scissors

Glue

Markers

1) Presentation: Begin today's lesson by talking to your students about what they want out of life in the future. Ask your students, "What do you hope your life looks like in 5 years? 10 years? 20 years?" This question is intended to be very open ended so your students can answer in whatever ways they interpret the question. Have your students think about how old they will be in 5 years, 10 years, 20 years and think about some goals they would associate with that time period in their lives. Ask them questions like: "Where would you hope to live? What city? What type of home?" "What type of work do you hope to be doing? On a computer? With your hands? On your feet? In an office? 9-5 or non-traditional hours?" "What aspects of your life do you want to prioritize?"

2) Activity: My Fantasy Future

Have your students click the link below or open this [document](#). Your students will write in their answers for what their dreams, desires, and goals are for the future.

[Click here for My Future Fantasy Worksheet](#)

Once they have filled in all of their answers, have your students share their responses. Discuss their answers. Ask them questions like: "Do you think the answers you wrote are realistic goals or unrealistic fantasies? What aspects of the lifestyle you wrote about are the biggest priorities to you?"

3) Activity: Make Money Choices

Start by having your students click the link below to go to this [website](#).

- Under "Choose Your Lifestyle," click "budget how much you'll need"
- Have your students enter their zip code into the field on screen.
- Have your student read the question and chose which answer best suits their wants and goals for the future, then click "next selection", working their way through all of the questions.
- Students are answering these questions for their future selves, thinking maybe 10-20 years in the future.

[Click here for Make Money Choices website](#)

After answering all of the questions, your students will be brought to a summary, including their total monthly spending, minimum annual salary, and a chart of the expenses they chose. With your students, review and discuss their summary screen. Ask your students questions like: "Are you surprised by how expensive any of the expenses are?" "What was your biggest expense?" "Do you think the minimum annual salary sounds too high or too low to you? Are you surprised by the number?"

Next, have your students scroll to the bottom of the screen and click the button that says "View Occupations".

- On the "Occupations that Meet your Budget" screen, have your students adjust all of the filters to fit their wants and desires.
- Have your students scroll through all of the job opportunities they are shown based off their filters.
- Have them select a job that sounds exciting or interesting to them.

- Have your students scroll through the available information for that profession including "interests," "work values," "things they need to know," and "things they need to be able to do."
- They should look on the right side of the screen and look under "Your opportunities..." They can look in the "education and training," "certifications," "jobs," and "companies" sections to find opportunities in the sector with jobs similar to category they originally selected.

After looking through all the information, have your students share the things they learned in their search. Ask them to share what requirements they may need to meet in the future, skills that could be useful for them, colleges or programs that could a good fit for their interests and career goals, etc.

4) Discussion:

After completing the previous two activities, discuss with your students what they have learned in the lesson so far and questions that have come up. Ask your students questions like:

- What are some things in your life you want to prioritize when it comes to your lifestyle, family, career, hobbies, free time?
- Is having a job you love or having a high-earning job more important to you?
- For your future dreams and goals, what are some things you can do right now to set yourself up for the future in the best way you can?
- Do you feel sure in what you want out of life in the future or do you still feel unsure?
- What will help shape your mindset moving forward?
- What information and skills will help you in future decision making?

5) Activity: Create a Vision Board

- Have students look through old magazines and ask them to cut out pictures that represent their hopes and dreams for the future. Have your students think about what they want their life to look like 10-20 years from now and focus on images, words, or ideas they want to keep in mind. They can also use some of the concepts or answers they wrote in the My Future Fantasy activity to help focus their ideas.
- Students should paste the pictures onto their boards and decorate them to create a positive image to remind them of their goals and aspirations. They can also use markers or other available arts and crafts supplies to decorate and make notes on their vision board.
- Ask students to share what the different pictures represent and how they plan to achieve these goals and dreams.

The Money JAR - The school year is coming to a close and families are looking at an unprecedented summer as we navigate a global pandemic, cancelled summer camps, and limited summer plans. This week's podcast episode is on Summer's Connections to hear about different kinds of communication with friends and family and some educational resources to use over the summer. [Click here](#) to listen to this week's episode of the Money JAR podcast - **Summer Connection**.

Bonus Activity! What Have I Learned from these Weekly Lessons?

Extended Activity: 30 mins

Materials:

Computer/Tablet with Internet and webcam (cell phone is fine too)

Blank Paper

Writing Utensil

Overview: Students will create a 30-60 second video or paragraph answering the questions, "What have you learned from the weekly lessons and how did they make an impact on you?".

Directions:

- Ask students to think about everything they learned in JA's weekly lessons and identify what these lessons have meant to them.
- Students should submit a 30-60 second video response to the questions: "What have you learned from the weekly lessons? How did they make an impact on you?" If a video is not an option, students can submit a paragraph in place of a video.
- If you post on social media, please tag Junior Achievement of Oregon and SW Washington (@jaorswwa) and use the hashtag #KeepLearning